



SPOTLIGHT

Kentucky Intensive Family Services Newsletter

October 2018

KIFS Staff Expands Toolkit

I've heard, Executive Director, Jessica Schneider is pretty good with a hammer, but that's not the type of tools we're talking about. Every social worker, case manager, and therapist comes with an invisible toolkit, a set of skills he/she uses on the job. At KIFS, we're always looking for new skills/tools that we can use to provide the best care and outcomes for the children and families we serve.

From September 19th-21st, Jessica Schneider and Case Manager/Therapist Nick Sansone attended a training to gain a new tool— EMDR.

KIFS Social Work interns from the University of Cincinnati, James and Jackie, provided the following information on EMDR.

Eye Movement Desensitization and Reprocessing (EMDR) is a psychotherapy treatment designed to help people process traumatic events. Developed by Francine Shapiro in 1989, the theory behind EMDR states that stimulating the brain using eye movements, sounds or pulsations while focusing on a traumatic memory can create changes in the brain that can help a client overcome symptoms such as anxiety, anger, and depression that are associated with the memory. EMDR has been found to help clients create new associations with traumatic memories and to reduce sensitivity to external triggers. Studies have shown it to be an effective treatment for trauma disorders such as PTSD. EMDR has been found to be effective with both adults and children, with some researchers claiming that it can be more effective than cognitive behavioral therapy for children with traumatic histories.

[Emdr.com](http://www.emdr.com). What is EMDR? | EMDR Institute – EYE MOVEMENT DESENSITIZATION AND

REPROCESSING THERAPY. [online] Available at: <http://www.emdr.com/what-is-emdr>

Huso, D. (2010). Treating Child Abuse Trauma With EMDR. [online] [Socialworktoday.com](http://www.socialworktoday.com).

Available at: <http://www.socialworktoday.com/archive/032210p20.shtml>

We do *not* need to
know the
beginning of a
child's story to
change the ending

- Fi Newood

Dates To Know

- Oct. 21—Foster Family Training Day 1:30-3:30 p.m.
- Oct. 26th—Ft. Thomas Pumpkin Walk 6-9 p.m.
- Oct. 31st—Christmas Lists are due to Case Managers
- Dec. 15th—Annual Christmas Party—First Christian Church—Paris, KY.

KIFS Achieves GuideStar Silver

Kentucky Intensive Family Services was recently recognized for our transparency with a 2018 Silver Seal on our GuideStar Nonprofit Profile!

GuideStar is the world's largest source of information on nonprofit organizations. More than 8 millions visitors per year and a network of 200+ partners use GuideStar data to grow support for their nonprofits.

In order to get the 2018 Silver Seal, Kentucky Intensive Family Services share important information with the public using our profile on www.guidestar.org. Now our community members and potential donors can find in-depth financial information about our organization.

Check out our GuideStar Nonprofit Profile and tell us what you think: <https://www.guidestar.org/Profile/6959742>



Kentucky Intensive Family Services



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Contact Us

Give us a call for more information.

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Kentucky Intensive Family Services

Annual Christmas Party

Hard to believe, but we are already planning for the Annual Christmas Party. First, we want to express our appreciation to the congregation at Lawrenceville Baptist Church that has hosted our party for the past few years. The church was generous in sharing their kitchen and fellowship space. However, we have OUTGROWN the space!

Keeping in mind the growing number of children and families we serve, and that we have two offices—one in Ft. Thomas and one in London—we sought a place that would hold all of us and help us meet in the middle. We are glad to announce First Christian Church—Paris, KY will host our 2018 Christmas Party.

While some details are still being worked out, the date is set. Mark your calendar—**Saturday, December 15th!**

First Christian Church—Paris, KY can be found at 911 High Street, Paris, KY 40361.

Be on the lookout—KIFS staff will be starting to collect wish lists for the children.