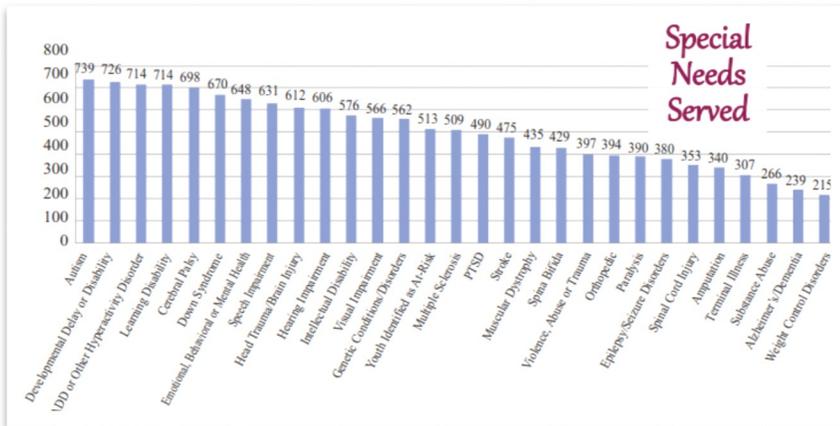


SPOTLIGHT

Equine Therapy

According to The Professional Association of Therapeutic Horsemanship (PATH) International, Therapeutic Riding is an equine-assisted activity for the purpose of contributing positively to the cognitive, physical, emotional, and social well-being of individuals with special needs. Around the world, PATH members help more than 66,000 children and adults—including 6,200 veterans and active-duty military personnel—with physical, cognitive, and emotional challenges find strength and independence through equine therapy.



Children Are Not
A Distraction
From More
Important Work.
They Are The Most
Important Work.

- John Trainer, M.D.

Things to Know

- **Aug. 12th**—Foster Parent Training 1-4p.m.
- **Aug. 13th**—KIFS @ Pendleton Co. Schools Opening Day Celebration
- **KIFS wishes EVERY-ONE a great school year!**

There are several Equine Therapy options available in Central and Northern Kentucky—we are the State of Unbridled Spirit, after all. You can search for PATH associated stables at www.pathintl.org, or you can contact our in-house expert Krissie Myers.



KIFS Parent Spotlight

KIFS is proud of the brave Foster Parents and children we serve. This month we spotlight the Stehlin Family.

1. **How we got involved in fostering children:** We were inspired by a family that was fostering in our church and another family that we knew through a ministry we served in and were so impressed by their care and love for foster/adopted children. We found KIFS specifically while I was looking for families that may need childcare through an ad on craigslist.
2. **Struggles we've encountered through fostering:** Our home being small with only one bathroom has been a struggle with a larger family as well as the learning curve of taking care of a special needs child.
3. **Joys we've encountered through fostering:** Seeing the children thrive with their health/nutrition, school grades and emotional struggles fading over time. Taking the children to do something new that they have never experienced/tried before. Seeing our biological children grow in compassion for not only special needs children but grow to love their foster siblings.



Amazon Smile

1. Go to www.smile.amazon.com
2. Login in using your amazon information
3. Under the search bar you will see "Supporting" Click Change or Choose and search for Kentucky Intensive Family Services.

* Use this when shopping for birthdays, holidays, retail-therapy.

Kentucky Intensive Family Services

Contact Us

Give us a call for more information.

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Fort Thomas, Kentucky 41075

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Visit us on the web at
www.kifsfofostercare.org

On Facebook at
Kentucky Intensive Family Services

4. **What we've learned about ourselves through fostering:** That we could handle a lot more than we ever imagined. To be more grateful and thankful for all of the many blessings we have.
5. **Others should foster because....:** We hear the horror stories every day on the new of children being abused and neglected, parents overdosing, etc. We may not be able to change that, but as foster families we can help change the outcome for so many children. And the children are our society's future. All children deserve to know God created them and loves them dearly.

